JANUARY 2023 CHILDREN'S VILLAGE ACADEMY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Menu subject to change A choice of low-fat milk & juice served daily					
2 HOLIDAY	3 HOLIDAY	4 HOLIDAY	Pancake on a stick Fruit or juice Chicken tenders Mashed potatoes green peas rolls diced peaches	6 Pop tarts Fruit or juice Meatballs Garlic bread Tossed salad Beets Apple sauce	
9 Mini pancakes Fruit or juice Chicken sandwich Maple sweet potatoes Lima beans Apples milk	Breakfast pizza Fruit or juice tacos lettuce and cheese Green beans Diced mangos milk	Donuts Fruit or juice Barbecue chicken Mac-n-cheese collards Whole pears Rolls milk	12 Frosted flakes/muffin Fruit or juice Meat loaf Mashed potatoes Green peas Rolls Diced peaches Milk	Breakfast bar Fruit or juice beefaroni Garlic bread Lima beans Mixed fruit milk	
16 muffins Fruit or juice Steak sandwich French fries Vegetable blend Mixed fruit milk HOLIDAY	17 waffles Fruit or juice Chicken taco Lettuce and cheese String beans Oranges milk	I8 Chicken biscuit Fruit or juice Salisbury steak /gravy Rice Glazed carrots Dinner roll Apples milk	19 Pancakes on a stick Fruit or juice Sausage & cabbage Glazed sweet potatoes dinner rolls bananas milk	20 Pop tart Fruit or juice Pepperoni Pizza Tossed salad com Applesauce	
23 Yogurt and granola Fruit or juice Hot dogs w/chili Baked bean Potato wedges apples	24 Donuts Fruit or juice Nachos and cheese Tortilla chips Green beans oranges	25 French toast Fruit or juice Roasted chicken Mac-n-cheese spinach Diced peaches milk	26 Cinnamon bun Fruit or juice Turkey/cheese sandwich Carrots/dressing Sliced apples Milk EARLY OUT	Froot loops/muffins Applesauce Assorted Juice Baked spaghetti Tossed salad Beets Garlic bread Applesauce Milk	
30 Cereal bar Fruit or juice Cheeseburger Potato wedges Com on the cob Apples Milk	31 Chicken biscuit Fruit or juice Chicken fajita Cheese & lettuce Corn Oranges Milk	28 Muffins Fruit or juice hamburger steak/gravy Rice & roll Lima beans Mandarin oranges Dinner roll Milk	Pancake on a stick Fruit or juice Chicken tenders Mashed potatoes green peas rolls diced peaches	30 Pop tarts Fruit or juice Meatballs Garlic bread Tossed salad Beets Apple sauce	